



# PINEVIEW PRE-SCHOOL

## SEPTEMBER BREAKFAST/SNACK MENU



WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SEPT. 4 - 8	<b>SCHOOL CLOSED!</b>	Waffles Blueberries Milk	Egg & cheese croissant with turkey sausage Banana Milk	Mini bagels with cream cheese Apple slices Milk	Banana bread Fruit cocktail Milk
	<b>LABOR DAY!</b>	Wheat crackers & cheese slice Juice	Rice Krispy treats Juice	Cheez-its Juice	Chex mix Juice
SEPT. 11 - 15	<b>Breakfast:</b> Kix cereal Mandarin oranges Milk	Pancakes Pears Milk	Brown sugar oatmeal Strawberries Milk	Pumpkin bread Peaches Milk	French toast stix Apple slices Milk
	<b>Afternoon Snack:</b> Fig newtons Juice	Low-fat vanilla yogurt & granola Water	Goldfish Juice	Pepper strips with hummus Juice	Pretzels with soy butter Juice
SEPT. 18 - 22	<b>Breakfast:</b> Special K cereal Applesauce Milk	Waffles Blueberries Milk	Blueberry Muffins Banana Milk	Croissants Pears Milk	Pancakes Pineapple Milk
	<b>Afternoon Snack:</b> Rice Krispy treats Juice	Trail mix Juice	Teddy grahams & vanilla pudding Juice	Wheat crackers Cheese slice Water	Chex mix Juice
SEPT. 25 - 29	<b>Breakfast:</b> Cheerios cereal Fruit cocktail Milk	Corn muffins Strawberries Milk	Mini bagels with cream cheese Banana Milk	French toast stix Tropical fruit Milk	Biscuits with jelly Pineapple Milk
	<b>Afternoon Snack:</b> Goldfish Juice	Low fat vanilla yogurt & granola Water	Pretzels with soy butter Juice	Chex mix Juice	Carrots & ranch dip Juice

Whole Milk Served to children less than 2 years of age

1% Milk served to 2 years of age or older

100% Fruit Juice Served

**\*\*Menu Subject to Change\*\***



# PINEVIEW PRE-SCHOOL SEPTEMBER LUNCH MENU



Week	Monday	Tuesday	Wednesday	Thursday	Friday
<b>SEPT. 4 - 8</b>	<b>LABOR DAY!  SCHOOL CLOSED!</b>	Turkey sandwich on wheat bread  Cooked Carrots  Peaches  Milk	Hot dog on a bun  Tater tots Green beans  Orange slices  Milk	Chicken tenders Dinner roll  Peas  Pears  Milk	Italian dunkers with meat sauce  Cauliflower Applesauce  Milk
<b>SEPT. 11 - 15</b>	Soy butter & jelly on wheat bread  Cheese stick Broccoli  Grapes Milk	Tacos with ground turkey, lettuce, tomato, cheese, sour cream, salsa  Fruit Cocktail  Milk	Swedish meatballs over egg noodles  Mixed vegetables  Peaches  Milk	Macaroni and cheese  Cucumbers & dip  Applesauce  Milk	Lasagna  Corn  Pears  Milk
<b>SEPT. 18 - 22</b>	Ham sandwich on wheat bread  Carrots & dip  Orange Slices  Milk	Sloppy Joes on a bun  Carrots & dip  Grapes  Milk	Cheese ravioli with meat sauce  Broccoli  Pineapple  Milk	BBQ chicken Corn bread  Cooked carrots  Cantaloupe  Milk	Fish patty on a bun  Pasta salad  Applesauce Peaches  Milk
<b>SEPT. 25 - 29</b>	Build your own sub With lettuce & tomato  Cherry tomatoes with dip  Strawberries Milk	Sausage & cheese pizza Tossed salad with ranch dressing  Apple Slices  Milk	Soy butter & jelly on wheat bread  Go-Gurt Cucumbers & dip  Mandarin Oranges  Milk	Corn dogs  Red pepper slices  Pineapple  Milk	Ham and cheese roll up Dinner roll  Green beans  Pears  Milk

Menu may be subject to change due to availability  
 Fresh fruit/canned fruit packed in water or juice  
 Whole Milk served to children under 2 years  
 1% Milk served to children 2 and older

**\*Infants – Changes to Menu:**  
**Fish sticks/Tuna Fish - Lunch Meat**  
**Soy Butter – Lunch Meat**  
**Grapes – Other Fruit**  
**Salad/Raw vegetables – Cooked Vegetables**